

Adopting a new dog is all about changes for both of you. Use this guide to make the first few weeks fun and stress-free. You will build a foundation for a lasting relationship if you follow these steps to ...



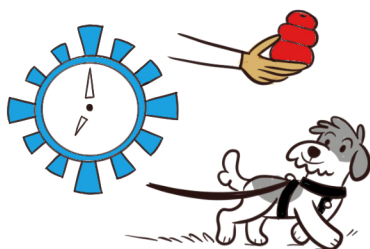
Decompress for SUCCESS

By DOG LATIN DOG TRAINING & BEHAVIOR CONSULTING™



ROUTINE

Dogs crave predictability. Stick to the same times when feeding, walking, training, and departing from your home.



PRIVACY

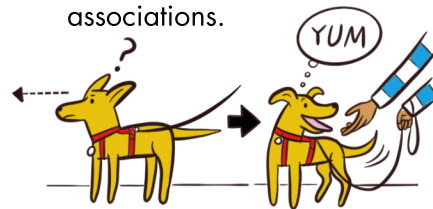
Dogs, like people, need time to themselves. Create a spot with a crate or mat. Call your dog to leave their space, rather than invading their space.



POSITIVE

SOCIALIZATION

Limit interactions with new people, places, and things. Let your dog explore gradually in short sessions. Build positive associations.



TRAIN AT HOME FIRST

Start positive reinforcement training at home for a distraction-free setting. This is the fastest, clearest way to establish communication.



TRAIN WITH FOOD

Shift calories out of the food bowl and use in short (5 minute) training sessions. Spread training sessions throughout the day, including reinforcing loose leash walking.



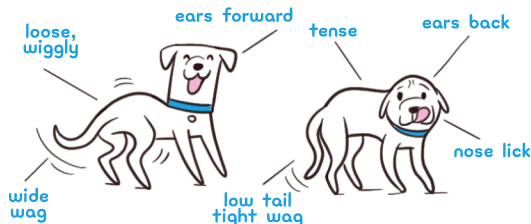
AVOID LEASH GREETINGS

Meeting other dogs can be stressful. Dogs don't always like each other. Limit or avoid greetings until you learn more about how your dog shows unease.



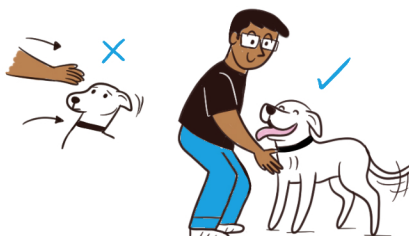
OBSERVE YOUR DOG

When your dog is relaxed, what do their ears, mouth, tail position, and entire body look like? Learn your dog's body language to know when your dog is concerned and to identify triggers.



LET YOUR DOG INITIATE CONTACT

Let your dog initiate contact with people. Never force an interaction. If your dog solicits attention, pet on the chest, not on top of the head.



HAVE FUN

WITH YOUR DOG!

Playing, feeding, walking, and interacting with your new dog builds a lasting bond. Take it easy the first month and get to know each other before widening the circle. After all, you have a lifetime together!

